

Proud to Be Me

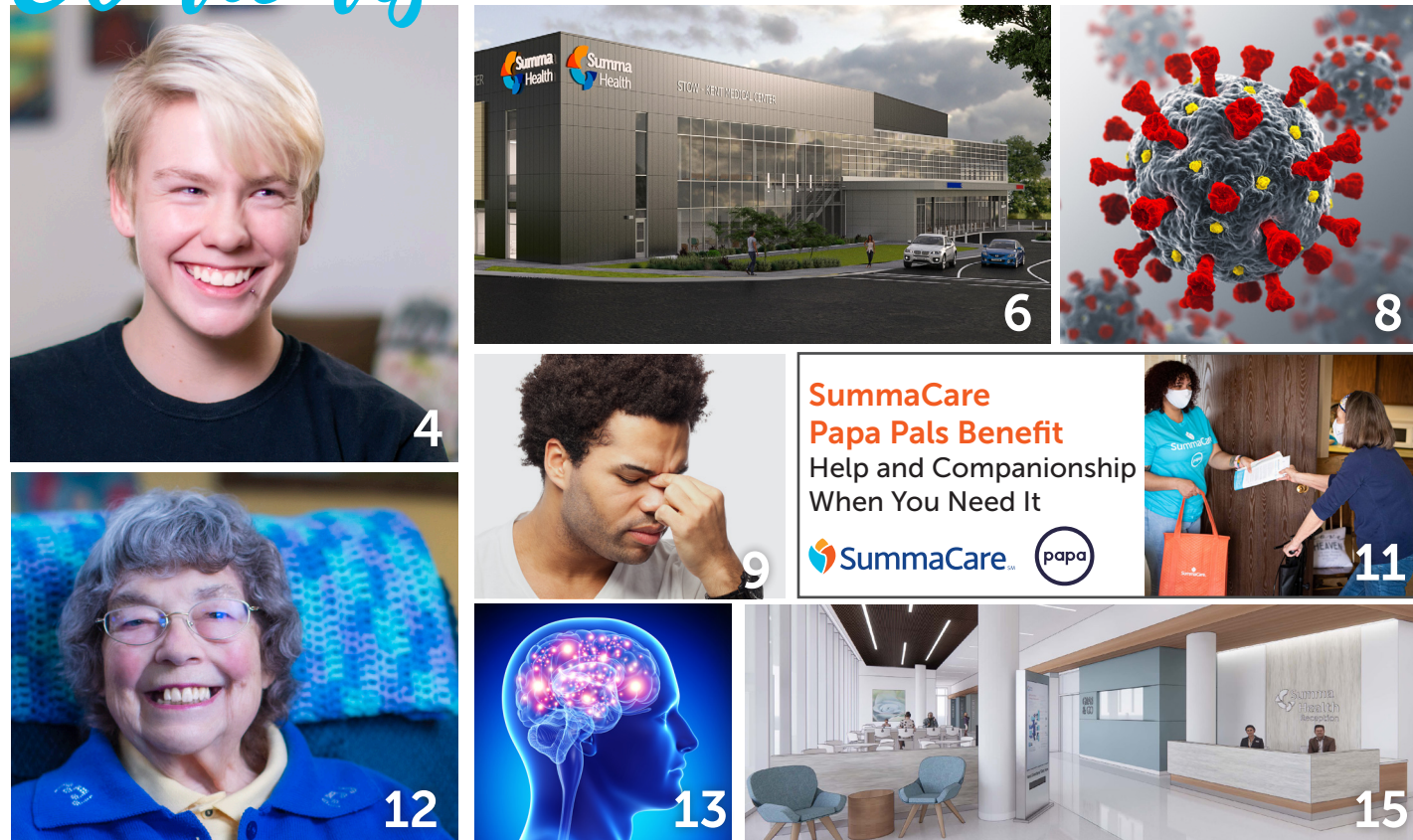
with the help of the
Summa Health
Pride Clinic
Page 4

Have you gotten
your COVID-19
vaccine?
Page 3

How breast
reconstructive
surgery restores
natural beauty
Page 9

What is plantar
fasciitis?
Page 14

Contents



04 Proud to Be Me
Jason Steadman, Pride Clinic Patient

06 We're Growing To Better Serve You
Stow-Kent Medical Center, Medina Surgery Center, Urgent Care Locations Expansion

08 Help for COVID "Long Haulers"
New Clinic Treats Lingering Symptoms

09 When to See a Sinus Specialist
Acute Versus Chronic Sinusitis

10 Surgical Innovations
Watchman, Kidney Stone Laser Treatment and Coronary Intravascular Lithotripsy

11 Family On-Demand with Papa
Get help with everyday tasks and companionship with Papa Pals

12 Making Beautiful Music After Stroke
Jeannie Hamilton, Stroke Patient

13 Do I Need to See a Neurologist or a Neurosurgeon?
Find Out Based On Your Symptoms

14 Community Events
Join Us Throughout the Upcoming Months

15 Building On Our Legacy
The Campaign for Summa Health Continues



Join Our Patient and Family Advisory Council

Do you have a passion for improving the healthcare experience? Are you interested in sharing your insight? If so, become a member of the Summa Health Patient and Family Advisory Council (PFAC) and meet virtually to:

- Help with program/policy reviews
- Provide input for a variety of committees
- Develop a better process of care
- Improve the overall patient experience

To learn more, contact Summa Health Volunteer Services at **330.375.3247** or **volunteer@summahealth.org**.

Have You Gotten Your COVID-19 Vaccine?

Summa Health is committed to vaccinating our community. Vaccination appointments are now available throughout the state, including at Summa Health, for the COVID-19 vaccine.



You can schedule an appointment with Summa Health via MyChart or by calling **234.867.7110**.

For complete vaccine information at Summa Health, visit summahealth.org/vaccine.

Key Things to Know about the Vaccine*

- COVID-19 vaccines are safe and effective.
- You may have side effects after vaccination, but these are normal.
- It typically takes two weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. You are not fully vaccinated until 2 weeks after the 2nd dose of a two-dose vaccine or two weeks after a one-dose vaccine.
- COVID-19 vaccines are more widely accessible. Everyone 12 years and older is now eligible for a COVID-19 vaccination.
- People who have been fully vaccinated can start to do some things that they had stopped doing because of the pandemic.

*As of May 12, 2021

Online Appointment Scheduling Available



Did you know you can use Direct Book to book an appointment online with the following Summa Health Medical Group providers?

- Family/Internal Medicine
- Gynecology
- Obstetrics/Gynecology
- Ophthalmology
- Orthopedics
- Urogynecology

Use Direct Book to quickly and seamlessly book an appointment with the provider of your choice, at a time convenient for you. No need to call the physician's office. See your doctor's availability in real-time online. Visit summahealth.org/physicians, search for a provider and book an appointment online today.

Proud to Be *Me* with the help of the Summa Health Pride Clinic



“
I am excited
to live my life as
Jason. That’s who
I actually am.
– Jason Steadman
”

Jason Steadman began struggling with gender identity in middle school. As a young adult, he experienced anxiety and depression and sought help from a therapist specializing in the lesbian, gay, bisexual, transgender and queer or questioning (LGBTQ+) community, who referred him to the Summa Health Pride Clinic. “Before I arrived at the clinic, I was terrified,” recalls Jason. “It is a big situation. It’s something that would change my life forever.”

LGBTQ+ patients often face many barriers, including concerns about confidentiality, fear of discrimination and negative attitudes toward treatment. Because of this, it’s estimated that anywhere from 50 to 75 percent of the LGBTQ+ population does not share their gender identity, gender expression, or sexual orientation with their healthcare provider. “As soon as I walked through the doors of the Summa Health Pride Clinic, all those fears went away,” says Jason. “Everyone had a smile on their face. They made me feel like family. They made me comfortable, excited and not so scared of the process.”

Committed to providing high-quality, compassionate care for all patients regardless of sexual orientation or gender identity, the Summa Health Pride Clinic gave Jason the tools he needed to begin finding himself. Jason fondly remembers his first visit with Dr. Scott Hamler, a family medicine specialist, who genuinely wanted to know

who he was as a person and offered to help him get to where he needed to go.



Scott Hamler, M.D.

Now in his early twenties, Jason sees Dr. Hamler every three months. He is in transition and remains confident in the Summa Health Pride Clinic staff being there for him every step of the way.

“To watch this amazing young man step into the world as his authentic self makes us all so happy and so proud of Jason,” says Pam Carlson, BA, RN, who Jason describes as a “second mom.” “Living your truth takes real strength and courage. It has been our honor to share this journey with him, and we’ll continue to be here wherever his life story takes him.”

Jason is eager to share his experience so that he can help others who are struggling with transition. He hopes his story will help them feel validated and assured that there are places with professionals willing to help them become the best version of themselves. Jason feels that is what the Summa Health Pride Clinic is doing for him. “I am excited to live my life as Jason. That’s who I actually am.”

To learn more about the Summa Health Pride Clinic, located at 1260 Independence Ave. in Akron, call **234.867.7740** or visit summahealth.org/prideclinic.

Support the Summa Health Pride Clinic

The Summa Health Pride Clinic recently received a generous grant from the Gay Community Endowment Fund of the Akron Community Foundation for cancer screening and diagnostic equipment to elevate LGBTQ+ health services. Through early detection and treatment, the ultimate goal is to reduce cervical and anal cancer mortality rates in our patients.

If you would like to make a gift to the Summa Health Pride Clinic, please call **330.375.3159** or visit summahealth.org/foundation/ways-to-give/pride-clinic now.



Opening Soon!

**Summa Health
Stow-Kent Medical Center**

3825 Fishcreek Road, Stow, OH 44224

If you live in the Stow-Kent area, you will soon have access to a full suite of healthcare services close to home. The Summa Health Stow-Kent Medical Center will focus on health and wellness by offering primary care and health screenings, as well as personalized specialty care, such as:

- Urgent care
- Imaging – mammography, bone density, X-ray
- LabCare PLUS
- Outpatient infusion
- Cardiac testing
- Pulmonary function testing
- Behavioral health
- OB/GYN
- Urology
- Urogynecology
- Neurology
- Gynecology
- Cardiology
- Pulmonology
- Internal medicine

Join us June 26 at 10 a.m.

for an open house event to tour the building and learn more information about the services offered close to home. Also enjoy giveaways, a raffle opportunity and light refreshments. Social distancing, mask wearing and sanitizing will be required. Visit summahealth.org/stow-kent for more information.

We're growing to better serve *You*



Summa Health Medina Surgery Center
3780 Medina Rd, Suite 120
Medina, OH 44256

**Summa Health
Medina Surgery Center**

Now fully owned by Summa Health and our first true non-hospital-based ambulatory surgery center, the Summa Health Medina Surgery Center occupies nearly 10,000 sq. ft. of the Summa Health Medina Medical Center. With three operating rooms and the latest in equipment and instrumentation, it allows surgeons and anesthesiologists to provide the best possible care in one convenient, easy-to-access location.

- State-of-the-art procedures currently offered at the Summa Health Medina Surgery Center include:
- General
 - Ophthalmology
 - Gynecology/Urology
 - Gastrointestinal
 - Ear, Nose and Throat
 - Podiatry

For more information, talk to your physician or call **330.952.0014**.

Urgent Care Locations Expansion

Opening Soon!

Stow-Kent (June) **Rootstown** (September)

Summa Health Fairlawn Urgent Care
2875 W Market Street, Suite B
Fairlawn, OH 44333

Summa Health Green Urgent Care
3593 S Arlington Road, Suite D
Uniontown, OH 44685

Summa Health Tallmadge Urgent Care
60 North Avenue, Suite G-10
Tallmadge, OH 44278

Summa Health Urgent Cares are designed to treat non-emergent medical problems that require immediate attention, such as:

- Allergies
- Minor asthma attack
- Cold, flu, fever
- Cough
- Dizziness
- Ear infection
- Insect bites
- Nausea
- Minor burns
- Minor cuts/lacerations
- Pink eye
- Rash
- Sore throat
- Sprains/strains
- Stitches
- UTI (bladder)

Summa Health Urgent Care also offers the community:

- Sports physicals - middle and high school
- Work permit physicals for minors

Hours of Operation

Monday - Friday: 9:00 a.m. - 7:00 p.m.
Saturday - Sunday: 9:00 a.m. - 5:00 p.m.

Visit summahealth.org/urgentcare for more information.

Help for COVID "Long Haulers"

While most people with COVID-19 recover and return to normal health within a few weeks, others – often referred to as COVID long haulers – have symptoms that linger for months after recovery. It's a condition that can affect anyone from relatively young, healthy individuals to those battling other conditions. Prolonged symptoms range from fatigue and joint pain to less common, more serious symptoms that affect organ systems and increase the risk of long-term health problems.

Most Common Post-COVID Symptoms

- Fatigue, especially with exertion/exercise
- Shortness of breath
- Cough
- Joint pain
- Chest pain
- Difficulty concentrating (mental/brain 'fogginess')



Other Reported Long-Term Symptoms

- Muscle pain or body aches
- Headache
- Intermittent fever
- Heart palpitations
- Difficulty sleeping (compared to before having COVID)
- Diarrhea



Less Common, More Serious Symptoms

- Inflammation of the heart muscle
- Lung function abnormalities
- Acute kidney injury
- Rash, hair loss
- Issues with smell and taste, sleep and fatigue, concentration and memory
- Depression, anxiety, mood changes



The **new Summa Health Post-COVID Clinic** treats a wide range of symptoms through a multidisciplinary approach that offers coordinated care across specialties including Pulmonary, Primary Care, Sports Medicine, Cardiology, Neurology and Behavioral Health.

If you are experiencing post-COVID symptoms, contact Summa Health Pulmonary Medicine at **330.319.9700** and begin your individualized plan of care.

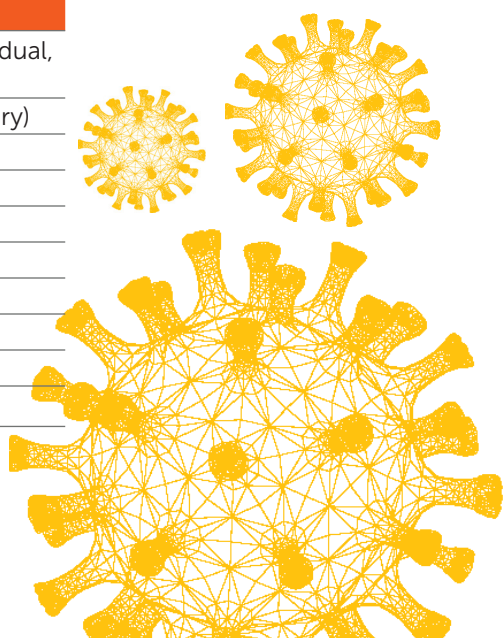
Is it COVID or Asthma?

With COVID-19 still affecting our communities, it may be confusing to know if common respiratory symptoms are related to the virus or other conditions, such as asthma. If you have concerns, talk with your physician or get tested for COVID-19 immediately. For asthma treatment, schedule an evaluation with Summa Health Pulmonary Medicine at **330.319.9700**.

Symptoms	Coronavirus (COVID-19)	Asthma
Length of symptoms	7-90 Days*	Can start quickly or be gradual, lasting for hours or longer
Cough	Common (usually dry)	Common (can be wet or dry)
Wheezing	No	Common
Shortness of breath	Sometimes	Common
Sore throat	Sometimes	No
Chest tightness	Sometimes	Common
Body aches	Sometimes	No
Fever	Common	No
Headaches	Sometimes	Rare
Chills	Sometimes	No

*Research shows that 80% of COVID patients recover within less than two weeks. Severe COVID patients recover within 3-6 weeks, 10% recover within 1-3 Months.

Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention.



Restore Your Natural Beauty with Breast Reconstructive Surgery



Provides symmetry if you have had a full or partial mastectomy (lumpectomy)

If your physician is recommending a full or partial mastectomy (lumpectomy) as part of your breast cancer treatment or if you previously had a mastectomy and are looking for reconstruction options, Summa Health plastic and reconstructive surgeons can recreate your breast's original shape and contour through reconstructive surgery. As part of a multidisciplinary team approach, working collaboratively with the Dr. Gary B. and Pamela S. Williams Center for Breast Health, our surgeons provide symmetry and a more natural appearance using advanced breast reconstruction techniques, including:

- Breast implants
- Oncoplastic breast reconstruction
- State-of-the-art perforator surgery
- Microsurgical free flap reconstruction

To schedule a consultation with a Summa Health board-eligible, fellowship-trained plastic surgeon, call **330.334.7800**.



Moheb Said, M.D.



Michael Subichin, M.D.

Look and Feel Your Best

Summa Health plastic surgeons specialize in the latest techniques in general, cosmetic and reconstructive surgery.

- General Plastic Surgery
- Cosmetic Plastic Surgery
- Mohs Reconstructive Plastic Surgery
- Facial Reanimation Surgery
- Breast Surgery
- Lymphatic Surgery
- Microvascular Breast Reconstruction
- Head & Neck Cancer Reconstruction Utilizing Virtual Surgical Planning
- Post-Bariatric Surgery
- Post-Traumatic Facial Reconstruction
- Craniofacial Surgery
- Corrective Jaw (Orthognathic) Surgery
- Hand Surgery
- Microsurgery/Limb Salvage

Locations: Akron, Green, Hudson and Wadsworth

When to See a Sinus Specialist

Sinusitis, the inflammation of the lining of the nasal passages blocking the drainage of mucus, is a very common condition, especially in Northeast Ohio. Oftentimes, acute sinusitis can be treated with a visit to your primary care provider (PCP) or an over-the-counter nasal spray.

Chronic sinusitis, however, occurs when your sinuses are swollen and inflamed for three months or longer despite treatment. That's when your PCP will likely recommend that you see an otolaryngologist, or ear, nose and throat (ENT) specialist.



Gary Huang, M.D.



Ryan Gerritsen, M.D.



Phillip Khalil, M.D.

Acute vs Chronic:

Acute symptoms tend to last **no more than 8 weeks**

Chronic sinusitis typically lasts **more than 12 weeks**

Common Symptoms

- Facial pain and pressure
- Headaches
- Chronic nasal congestion
- Runny nose
- Effect on smell and taste

Treatment Options

- Medical Management: Antibiotics and nasal spray
- Surgical Treatment: Minimally invasive endoscopic sinus surgery (ESS)

To learn more, call **330.375.6917**.

Surgical Innovations

Stop taking blood thinners with an hour-long outpatient procedure.

I Have Atrial Fibrillation – Are Blood Thinners My Only Option?

Atrial Fibrillation is the most common heart rhythm disease worldwide. Its most feared complication is a stroke due to a blood clot that can form and dislodge from the heart. Blood thinners do an excellent job at preventing most strokes from happening due to atrial fibrillation. However, not everyone can take a blood thinner, especially if they have had or are at risk for having serious bleeding. A **Watchman** procedure is a good alternative to blood thinners in these instances.

The Watchman implant procedure is about an hour-long outpatient procedure done by heart rhythm doctors (electrophysiologists) where a long tube is inserted through a vein in the groin (heart catheterization) to permanently implant the Watchman device in the part of the heart where blood clots tend to form due to atrial fibrillation. At Summa, more than 95% of patients who have undergone this procedure have been able to safely stop their blood thinner.

To find out if this procedure is an option for you, call **888.335.5412** to speak with a specialist.

Kidney Stone Laser Treatment

Kidney stones can become trapped anywhere in the urinary tract. If a stone gets stuck in the ureter it can cause a blockage and the back-up of urine into the kidney. They can also be quite painful and can become infected.

Laser Lithotripsy is used to break up stones so they can be removed with a special basket, or are so small they will pass into the bladder then out of the body with the urine.

Summa Health is the only urology department in Akron using the new Moses™ Pulse 120H, an all-in-one holmium laser urology platform providing more energy, features and capabilities than any other system on the market. This technology allows us to treat stones that we were not able to treat with laser in the past, thus avoiding more invasive or less effective procedures.

With Moses™ Pulse 120H, patients experience faster surgical times and quicker recovery. This allows many of these procedures to be completed same day, meaning patients go home sooner. To learn more or to schedule an appointment with a urologist, call **888.302.3897**.

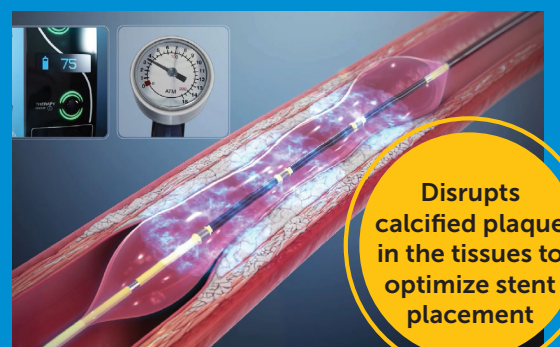


Used to break up stones so they can be passed

Coronary Intravascular Lithotripsy (IVL)

Coronary artery calcification is calcium buildup within the walls of the arteries that supply oxygen-rich blood to the heart. This calcium causes the walls to become more hardened. Summa Health uses IVL as a coronary artery treatment for coronary calcification. It is used to help with vessel expansion and stenting during Percutaneous Coronary Intervention, or PCI.

The device uses a balloon to deliver sonic pressure waves that can pass through soft arterial tissue to “preferentially disrupt” calcified plaque and optimize stent placement. This process reduces the risk of perforations and other complications. In February of this year, Justin Dunn, M.D., Summa Health interventional cardiologist, performed the first case using IVL, the first of its kind in all of Eastern Ohio. To learn more, call **888.201.5948** to talk with a specialist.



Disrupts calcified plaque in the tissues to optimize stent placement



Help and Companionship with Papa

SummaCare is proud to be the only health plan in Ohio to offer an exclusive benefit with its Medicare Advantage Plans: Family On-Demand with Papa.

Papa pairs older adults and families with Papa Pals for companionship and assistance with everyday tasks.



“If you need a service like this, you’d be wise to take advantage of it.”

– SummaCare Member, Deborah joined the Papa program to get help with tasks limited by her physical mobility.

Pal, Kandice has been a great support with everyday tasks. She and Deborah have even become great friends.



Companionship: You can have meaningful conversations by phone, virtually or in person.



Technology: You can learn how to use computers, smart phones, telehealth and how to access virtual care from your doctor and share on social media.



House Tasks & Grocery Shopping: A Pal can perform light housekeeping, shop for your groceries and deliver them to your door.



Healthy Living: Your Pal can schedule doctor appointments and preventive screenings and get prescription refills.

Why do 96% of members Join and Stay?

\$0 Monthly Premium and Primary Care Copay	✓
Dental, Vision and Hearing Aid Coverage	✓
Over-the-Counter (OTC) Allowance*	✓
NEW! Travel Coverage	✓
NEW! Family On-Demand with Papa	✓

*Available with most plans.

SummaCare is an HMO and HMO-POS plan with a Medicare contract. Enrollment in SummaCare depends on contract renewal. H3660_21_251_M Accepted 05162021

Connect with us to learn how to get your own Pal or to enroll in this benefit at no cost today.

800.801.2516 (TTY 800.750.0750)

summacare.com/shopmedicare

“

The best thing I heard from my doctor was I could play my saxophone again. And that was music to my ears.

”

– Jeannie Hamilton, Stroke Patient



Making Beautiful *Music* after Stroke

Earlier this year, Jeannie Hamilton and her daughter were rehearsing at home for the Summit Metroparks Orchestra when Jeannie experienced vision loss. Her daughter appropriately called EMS, who promptly took her to Summa Health Akron



Susana Bowling, M.D.

Campus. Here, the 84-year-old encountered Dr. Susana Bowling, a neurologist, via robot.

“By the time I got to the hospital, they were already waiting for me,” shares Jeannie. “And that’s when I met Dr. Bowling and she was on a monitor in a robot and she was just ever so friendly. It was like she was right beside me.”

Dr. Bowling diagnosed a stroke and the staff administered a drug called tissue plasminogen

activator, or tPA. It can dissolve the blood clot causing a person’s stroke, and protect brain tissue from any further damage.

The drug worked and Jeannie is doing remarkably well. She has some residual range of vision issues and receives therapy at home, but is on the road to recovery. Jeannie raves about the Summa Health staff and how everyone answered all of her questions and were so attentive.

“That neurology team acted so quickly that I did not worry about having the stroke because I knew

that God had planted these people, the neurology team, in my path to take care of me.”

She was most eager to get back to playing her saxophone and the first thing she asked her doctor following the stroke was when she could return playing. She’s thrilled to be back to practicing and looks forward to the ensemble being able to play in public again, post COVID-19.

“The best thing I heard from the doctor was I could play my saxophone again. And that’s music to my ears.”

Summa Health’s InTouch Health™ robots allow stroke neurologists to remotely perform live, real-time audiovisual consultations with the patient and emergency medicine team to speed the delivery of clot-busting drugs crucial to halt and reverse stroke damage. Through the robot’s monitor, patients and family can also see, hear and communicate with the specialist.



Do I Need to See a Neurologist or a Neurosurgeon?

A neurologist treats disorders that affect the brain, spinal cord and nerves. If surgery is needed to remove or correct a condition, a neurosurgeon can help. A neurointerventionalist is primarily used for emergency situations like strokes and aneurysms. How do you know which one you should see based on your symptoms?



Neurologists

Experts at evaluating patients and making a diagnosis

Treat patients with medications and non-surgical treatments

Work with neurosurgeons when surgery is needed

Treat disorders such as:

- Stroke
- Multiple sclerosis
- Headache disorders
- Infections of the brain and peripheral nervous system
- Parkinson’s disease
- Alzheimer’s disease
- Epilepsy



Neurosurgeons/ Neurointerventionalists

May order testing to see if surgery is needed

Treat patients with surgery and some nonsurgical treatments

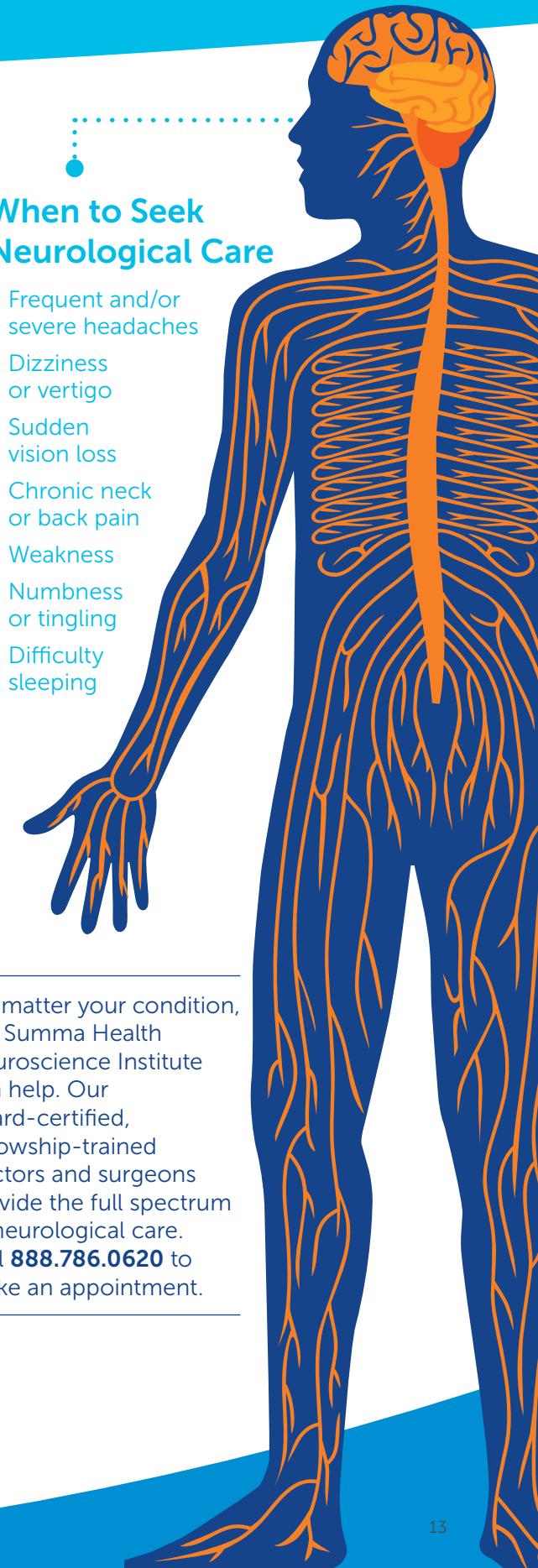
Treat disorders such as:

- Aneurysms and arteriovenous malformations (AVMs)
- Stroke
- Brain tumors
- Trigeminal neuralgia and nerve compression syndromes
- Peripheral nerve injury
- Spinal and spinal cord disorders
- Neck problems
- Back problems
- Disc herniations

When to Seek Neurological Care

- Frequent and/or severe headaches
- Dizziness or vertigo
- Sudden vision loss
- Chronic neck or back pain
- Weakness
- Numbness or tingling
- Difficulty sleeping

No matter your condition, the Summa Health Neuroscience Institute can help. Our board-certified, fellowship-trained doctors and surgeons provide the full spectrum of neurological care. Call **888.786.0620** to make an appointment.



Community Events

June

June 26

National Interstate 8k & 1 mile, 7:30 a.m. InfoCision Stadium

June 26

Stow-Kent Medical Center Open House, 10 a.m. Stow-Kent Medical Center

July

July 8

Medina Ladies Night Out, 5 p.m. Medina Square

July 15

Elevate Akron, 4:30 p.m. Lock 3 Park

August

August 7

Community Drive-Thru Baby Shower, 11 a.m. to 2 p.m. Medina Medical Center

August 14

Goodyear Half Marathon & 10k, 6:30 a.m. Goodyear Headquarters

September

September 16

Tallmadge Coffee Talk, 10 a.m. Tallmadge Rec Center

September 25

Akron Marathon, 6:30 a.m. Downtown Akron

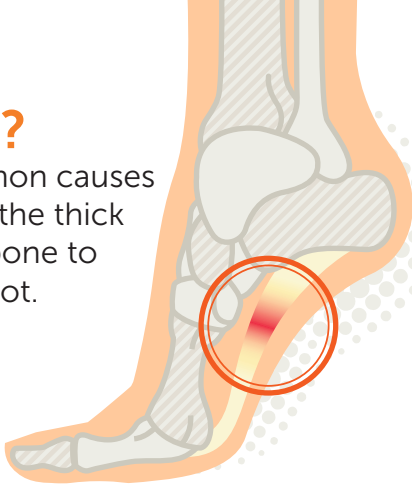
September 25-26

Barberton Mum Fest, 10 a.m. Lake Anna Park

Due to COVID-19 some in-person events may have to go virtual. Please visit summahealth.org/events for up-to-date information.

What is Plantar Fasciitis?

Plantar fasciitis is one of the most common causes of heel pain. It involves inflammation of the thick band of tissue that connects your heel bone to your toes, and creates the arch of the foot.



Common risk factors include:



Walking, standing or running on a hard surface over a **long duration**



Lack of **arch support** in shoe gear



Walking or running for exercise **without stretching** beforehand



Aging (most common in 40-60 year olds)



Being obese or **overweight**

If you think you may be suffering from plantar fasciitis, call **888.808.3926** to be evaluated by a Summa Health Orthopedic Institute podiatrist or other specialist on our foot & ankle team.



Jacqueline M. Tulodzieski-Ahlstrom, DPM

Healthy Habits for Diabetic Foot Care

When you have diabetes, it's important to take good care of your feet since even minor wounds can turn into serious foot ulcers. Here are five tips to help keep your feet healthy:



1. Check your feet daily. Look carefully for fungal infections or any abnormality. If it's difficult to see the bottom of your feet, use a mirror or ask a spouse or friend for help.



2. Wash your feet well. Soap your feet with warm water and fully dry them, especially between your toes where moisture can get trapped.



3. Keep dry feet hydrated. To keep your skin from drying or cracking, use lotion or cream everywhere but between your toes.



4. Dress for comfort. Keep your feet cushioned with soft socks and comfortable footwear. Change socks daily and avoid high heels and pointy, narrow shoe styles.



5. Trim your toenails. Always cut straight across from corner to corner, and not too short. Doing so will reduce the chance of developing an ingrown toenail.

If you do get a foot sore, don't try to take care of it at home. Contact a Summa Health Wound Care Center at **330.375.6363** (Akron) or **330.615.3906** (Barberton), or your doctor immediately.



This new facility is the capstone of Summa's commitment to caring for the whole you through a comprehensive, collaborative approach that integrates behavioral healthcare into the full spectrum of health services.

Building on Our Legacy, Caring for the Whole You The Campaign for Summa Health Continues



Summa extended the campaign and increased the goal by \$25 million to \$100 million to align with the second phase of its investment in the health of the Akron region.

From Akron City Hospital's first patient in 1892 to today, Summa Health has promised to care for all those in need, regardless of their ability to pay.

To honor that commitment far into the future, Summa Health joined with leaders across the community to announce a \$75 million campaign, "Caring for You ... Then, Now, Always" on behalf of the patients served today – and tomorrow. The campaign aligned with a physical transformation across the Akron and Barberton Campuses.

Early in 2021, Summa Health surpassed its goal of \$75 million with the extraordinary support of the community. Building on this collective momentum,

The centerpiece of this investment is the construction of a new, 60-bed inpatient and outpatient Behavioral Health Pavilion on the Akron Campus. This new facility is the capstone of Summa's commitment to caring for the whole you through a comprehensive, collaborative approach that integrates behavioral healthcare into the full spectrum of health services.

Other key projects of the second phase include the transition of all services on the St. Thomas Campus to the Akron Campus, the renovation of units in the existing hospital on the Akron Campus to achieve a higher percentage of private rooms, the construction of a new wound care center and the creation of additional ambulatory space throughout the community.

Contact us today to support the continuing campaign for Summa Health. Visit summahealth.org/caringforyou or call **330.375.3159** for more information.



Vitality Magazine
(1000-94010)

Corporate Office
1077 Gorge Blvd
Akron, OH 44310

Nonprofit
Organization
U.S. Postage Paid
Akron, OH
Permit No. 83

Want more info?

Sign up for our free monthly newsletter that's full of general health and wellness tips, Summa Health program updates and more.

Visit summahealth.org/vitality or call us at **888.689.2037** to schedule an appointment.

You can also check out our Flourish blog at summahealth.org/flourish every week for helpful articles on health and wellness for the betterment of a healthier community.



MAR-21-54700/CS/ITZ/05-21/417,000

*****ECRWSEDDM****

Residential Customer

VITAL FOR MEN'S HEALTH

Life-Saving Prostate Care

In our community, there's nothing more important than the care we have for one another. So, when Robin went for a routine prostate exam and discovered he had cancer, our board-certified experts went to work. By diagnosing the problem immediately and using advanced technology to solve it, we saved his life. But it was Robin who chose to use that life to continue helping others.

Because Good Health is Vital for Life.

Call 888.364.2198 to schedule an appointment or meet our highly trained specialists at summahealth.org/urology.

